

sunday brunch

Eggs Americana 6.50
Two eggs served any way you like with your choice of bacon or sausage. Served with brunch potatoes and a fresh baked muffin.

Eggs Taos 7.95
A breakfast burrito stuffed with eggs, green chilies and scallions. Topped with fresh salsa and melted cheese. Served with brunch potatoes and a fresh baked muffin.

Seafood Omelet 8.95
Three-egg omelet stuffed with fresh seafood of the day, tomatoes, red onion and cheese. Served with brunch potatoes and a fresh baked muffin.

Veggie Omelet 6.50
Three-egg omelet stuffed with sauteed mushrooms, tomatoes, red onion, green peppers and cheese. Served with brunch potatoes and a fresh baked muffin.

Bacon & Cheddar Omelet 7.95
Three-egg omelet stuffed with bacon and cheese. Served with brunch potatoes and a fresh baked muffin.

Paul's Famous Steak & Eggs 8.95
A 5 oz. top sirloin marinated in Paul's own sauce prepared to order with two eggs any way you like. Served with brunch potatoes and a fresh baked muffin.

Griddle Cakes 6.50
Three large pancakes served with your choice of bacon or sausage.

Pecan Cakes 7.50
Three large pancakes cooked with pecans and served with your choice of bacon or sausage.

Eggs Benedict 8.50
Two eggs poached on an English muffin and Canadian bacon topped with our homemade jalapeno hollandaise.

French Toast 6.50
Four slices of French bread hot off the griddle, topped with powdered sugar. Served with your choice of bacon or sausage.

extras

Bacon	2.25	Brunch Potatoes	1.25
Muffins	2.25	Additional Egg	.60
Sausage	2.25	Toast	.60

child's plate \$4.50

For children age 9 and under only,
a choice of:

Fish & Chips served with fries
Grilled Cheese with fries
Cheeseburger with fries
Chicken Fingers with fries
Quesadilla with fries

* Adults may order
Grilled Cheese and fries for \$6.50

desserts

Chocolate Enchilada 5.50
A homemade chocolate crepe filled with chocolate mousse and topped with a chocolate Kahlua sauce and whipped cream.

Darby Pie 4.50
A wonderful chocolate chip pie filled with pecans and served with whipped cream.

Homemade Cheesecake 4.50
Ask your server for today's specialty.

beverages

Free refills on soda, regular tea & coffee

Red Bull or Red Bull Sugar-Free	4.00
Pellegrino Sparkling Mineral Water	1.95
Fountain Drinks	1.95
Coke, Diet Coke, Sprite, Mello Yellow, Ginger Ale, Mr. Pibb	
Juice per order	1.95
Hot or Iced Tea	1.95
Herbed Tea per order	1.95
Coffee regular or decaf	1.95
Moonshine	N/A



www.canyonsbr.com



M E N U

Lunch & Dinner Daily 11am Until...
Reservations suggested for parties of five or more.

BLOWING ROCK, NORTH CAROLINA • 828-295-7661

finger foods

Chips & Salsa **3.25**
Fresh tortilla chips fried in-house and served with our own house-made salsa.

Nachos **6.50**
Crisp tortilla chips topped with melted jack and cheddar cheese, and fresh jalapenos.

Super Nachos **8.95**
Tortilla chips smothered with black beans, cheese, onions, and tomatoes topped with lettuce, guacamole and sour cream.
with ground beef or chicken **9.95**

Black Bean & Cheese Spring Sticks **5.50**
Four spring rolls filled with black beans, rice, jack and cilantro. Deep fried and served with Cumin Ranch dressing.

Spinach Artichoke Dip **6.50**
Baked spinach, artichoke hearts, jack and parmesan cheese, served with tortilla chips.

Buffalo Wings **6.95**
Hot & spicy or teriyaki with ranch or bleu cheese.

Buffalo Chicken Fingers **6.95**
Hot & spicy or teriyaki chicken tenders specially seasoned and deep fried. With ranch or bleu cheese.

Buffalo Shrimp **7.95**
Hot & spicy or teriyaki shrimp dipped in beer batter and deep fried. With ranch or bleu cheese.



soups & salads

Soup du Jour **cup 3.25 / bowl 4.50**
See specials for daily selection.

Garden Side Salad **3.25**

Canyons Salad **5.50**
Crisp lettuce with seasonal vegetables served your choice of homemade salad dressing
with Fried or Grilled Chicken **7.95**
with Grilled Shrimp **8.95**
with Grilled Salmon **10.95**

HOMEMADE SALAD DRESSINGS:
Honey Lime Vinaigrette • Honey Mustard • Ranch
Cumin Ranch • Bleu Cheese • House Lite

sandwiches & burgers

Served with fries or homestyle chips and a dill spear.

Wild Turkey **7.95**
Thin-sliced turkey and pepper jack on a Kaiser with bell peppers, onions, mushrooms and mayo. Served hot.

Chicken Maui **7.95**
Grilled marinated chicken breast, tangy Hawaiian BBQ sauce, crisp bacon, sauteed mushrooms and melted jack on a Kaiser with lettuce, tomato and mayo.

Hot Pastrami **8.95**
Thin-sliced New York pastrami piled high on rye with Swiss cheese and spicy mustard. Served hot.

Canyons Veggie Burger **7.95**
Grilled veggie burger on a Kaiser roll with lettuce, tomato, onion and our own housemade sundried tomato spread.

Canyons Burger **6.95**
Naturally raised Angus beef grilled to order with lettuce, tomato, grilled onions & mayo.

with Cheese **add 1.00**
Swiss, Cheddar, American, Provolone, or Pepper Jack
with crisp bacon **add .30**
with mushrooms **add .30**

Drive-In Burger **7.95**
The legendary American classic burger with chili, slaw, onions, mustard & mayo.

Substitute Baked Potato instead of fries for \$1.25

Health Smart!
We Use **NO TRANS FATS**

on the side

Tortillas	.55
Fresh Jalapenos	.55
Chopped Onions	.55
Sour Cream	.55
Small Guacamole	1.25
Large Guacamole	3.30
Shredded Cheese	1.25
Cole Slaw	1.40
Rice	1.40
Pinto Beans	1.40
Black Beans	1.95
Corn Fritters	2.25
Basket of Fries	3.25
Baked Potato	2.75
Seasonal Vegetable Medley	3.50

southwestern

Served with beans and rice, fresh vegetable garnish, and our homemade salsa. Homemade wild or mild hot sauce available upon request.

Black Beans & Rice **6.50**
A bed of yellow rice topped with black beans garnished with diced onion, tomato, green pepper and sour cream.

with grilled sausage or chicken **7.65**
with grilled shrimp **8.50**

Veggie Burrito **7.95**
White or wheat tortilla stuffed with refried pintos, onions, tomatoes, jack and cheddar cheese, and topped with sour cream.

Burrito Especial **9.10**
White or wheat tortilla stuffed with ground beef, chicken or spinach, refried pintos, jack and cheddar cheese, topped with sour cream.
with grilled shrimp **9.95**

Quesadilla **7.95**
White or wheat tortilla stuffed with jack and cheddar cheese, topped with sour cream.
with ground beef, chicken or spinach **9.10**
with grilled shrimp **9.95**

Chimichanga **7.95**
White or wheat tortilla stuffed with rice, jack and cheddar, crisp-fried and topped with green chili sauce.
with ground beef, chicken or spinach **9.10**
with grilled shrimp **9.95**

Las Enchiladas **7.95**
Two fresh corn tortillas stuffed with jack and cheddar cheese, topped with red chili sauce, more cheese and chopped onion, then baked.
with ground beef, chicken or spinach **9.10**

Tacos **6.50**
Two hard tacos filled with refried beans, shredded jack and cheddar cheese, lettuce and tomato.
with ground beef or chicken **7.65**

Substitute side of black beans instead of pintos for \$.50

All dishes are freshly prepared in house with the finest ingredients available. We use locally-grown produce in season and grow our own organic herbs. We regularly offer a variety of seasonally fresh items, so ask about our nightly specials in addition to our menu selections. If you have a special request, please let us know. We offer a diverse selection of domestic and imported wines and beers chosen to complement our menu. Our Southwestern dishes are prepared with a varying degree of spice and heat. Please tell your server your preference.

All items on our menu are available for dining in or to go. We accept MasterCard, VISA, American Express & Discover. 15% gratuity may be added to parties of five or more. A plate sharing charge of \$3.00 includes an extra plate of either beans and rice or fries with a garnish.

platters

Chicken Fingers Platter **8.95**
Succulent chicken tenderloin specially seasoned and deep-fried. Served with fries and cole slaw.

Fish & Chips Platter **9.95**
A filet of flounder dipped in our homemade beer batter and deep fried. Served with fries, slaw and corn fritters.

Chicken Maui Platter **14.50**
Grilled marinated chicken breast with tangy Hawaiian BBQ sauce, crisp bacon, sauteed mushrooms and jack, served with vegetables and your choice of mashed potatoes, baked potato, fries or rice, and a garden salad.

Atlantic Salmon Platter **17.50**
Grilled, blackened or pan-seared organic fresh Atlantic salmon served with vegetables and your choice of mashed potatoes, baked potato, fries or rice, and a garden salad.

Canyons Sirloin **17.50**
Peppercorn grilled or blackened 10 oz. choice-plus aged western beef served with vegetables and your choice of mashed potatoes, baked potato, fries or rice, and a garden salad.

HOMEMADE SALAD DRESSINGS:
Honey Lime Vinaigrette • Honey Mustard • Ranch
Cumin Ranch • Bleu Cheese • House Lite

join us for
sunday
Jazz
BRUNCH
Every Sunday
11:00am until 2:30pm
live music
THURSDAY THRU SUNDAY
karaoke on thursday